The Sacred Calling

is a history and celebration of the ordination of women as Rabbis

Join us for this distinguished gathering of Rabbis in a panel discussion here at MRT.

Sunday, November 20th
4pm-5:30pm
Light refreshments will be served.

Rabbi Sally J. Priesand, Moderator
Rabbi Emerita, Monmouth Reform Temple

Guest Panelists
Rabbi Melinda Panken,
Temple Shaari Emeth
Rabbi Shira Stern,
Temple Rodeph Torah, Center for a Jewish Future
Rabbi Mary L. Zamore,
Executive Director, Women’s Rabbinic Network
Rabbi Charles A. Kroloff,
Rabbi Emeritus, Temple Emanu-El, Westfield, NJ

You won’t want to miss this illustrious gathering of heroic women as well as a response to the impact of women rabbis on male rabbis.

This event is free and open to the entire community
Please let us know you are coming.
Call the MRT office or email info@monmouthreformtemple.org
FAIRY TALES
18 November | 7pm
Visual Service

Come and celebrate the Joy of Shabbat!
Kristallnacht Commemoration
featuring the documentary film
Regina
and discussion with Rabbi Sally J. Priesand
Thursday, November 10, 2016, 7PM

In 1935, Regina Jonas became the world’s first formally ordained Female Rabbi. Despite living in Germany under the Nazi Regime, Rabbi Jonas taught and led services until the time of her deportation to Theresienstadt Concentration Camp. For two years, she provided crisis services to incoming Jews at the camp. Rabbi Jonas was deported and murdered in Auschwitz at the age of 42.

Rabbi Sally J. Priesand, America’s first female rabbi, was ordained in 1972. A member of our local community, Rabbi Priesand is Rabbi Emerita of Monmouth Reform Temple, Tinton Falls, where she served as Rabbi for 25 years. She is a social activist, president of Interfaith Neighbors, and a former board member of Change. A leader in the Reform Judaism Movement, Rabbi Priesand has served on the board of each of its major institutions. Her most recent writings include her as a contributor to The Sacred Calling: Four Decades of Women in the Rabbinate.

Admission to this Commemorative Event is Free
Brookdale Community College, Warner Student Life Center, Navesink Rooms
Parking Lot 7

Register:
Online: chhange.org
By Phone: (732) 224-1889
By Email: chhange@brookdalecc.edu

It was a crazy holiday period. We had great energy in our community. It was an amazing start to our new year. We shared the holy days with a full sanctuary, a full Sukkah, a wonderful gathering on Simchat Torah (we consecrated 20 new students!), and over 200 folks joined us "on-line" through live streaming.

So, now that the calendar has moved us on, I need to keep in touch with all of this incredible energy. We have a full calendar. More people are coming to more things. We have some exciting new programs happening. I know that excitement breeds excitement: The Talmud teaches this idea “mitzvah gareret mitzvah.”

We are growing our mission of service to our community and to the wider community, as we demonstrate the value of belonging to the community. Whether we are collecting food for the shelter, helping our preteens with mitzvah projects, celebrating social and ritual events, educating our children and adults, or the many volunteer projects that bring us together, we have a wonderfully diverse list of opportunities from which to choose. I love that we can have so much happening that benefits so many people. As Americans, this month we will celebrate Thanksgiving. As Jewish Americans, we have so much for which to be thankful … and as Jewish Americans at MRT … we are blessed to have each other.

**Introduction to Judaism Course offered beginning November 2nd at 7pm**

Starting on Wednesday, November 2nd Introduction to Judaism course with Rabbi Kline will be offered for anyone interested in exploring Judaism - singles, interfaith couples, those considering conversion and Jews looking for adult-level basics. This class introduces the fundamentals of Jewish thought and practice in 8 weeks. Topics include Jewish holidays and life cycle events, theology and prayer, Israel, history and Hebrew. This course is open to the community and there is no charge. (No Class 11/23)

Recently Dean Ross and other MRT volunteers installed 54 lights on 27 bikes at St. Anthony’s food pantry in Red Bank. Freeholder John Curley stopped by and even assisted with some of the installations. "Shine A Light” has installed lights on over 200 bikes providing increased safety for people who rely on bikes for transportation and saving lives.
As soon as Yom Kippur has ended some do not realize that the holidays and festivals are far from completed. In fact historically, some of our oldest festivals and observances are about to ensue. I am referring to Sukkot and Simchat Torah which include an observance called Yizkor. By the time you read this article those holidays will have just occurred, but I want to try and explain the importance of Yizkor and Yahrzeit which occur throughout the year.

What is Yizkor? These are days of remembrance in the Jewish calendar. Four times a year, on Yom Kippur, Sukkot, Passover and Shavuot, there is a special Yizkor service within that holiday’s service. According to Jewish tradition, mourners may say the Yizkor prayer by themselves. This is different and unlike the Kaddish prayer which specifies the need to have ten Jews present. For Yizkor there is no requirement for a minyan. However, we believe that this prayer gains power as mourners stand shoulder-to-shoulder, praying silently together.

Recently at a meeting of our Ritual Committee we had a discussion on Yizkor and Yahrzeit. It came to our attention that this is not an observance understood by many people in our community. I am writing about Yizkor and Yahrzeit so possibly more people might find this observance meaningful. In the 15 years I have served MRT we have experimented having them at different times and days. We are continuing some of those experiments this year.

What is Yahrzeit? This is the anniversary of a death in the Jewish calendar. On both the Yahrzeit and for Yizkor, a special candle is lit. You can purchase these candles in most local supermarkets. In case your supermarket does not supply them I saw they were available on Amazon and other online retailers.

When do you light the candle? Jewish holidays begin at sundown on the previous evening so the candle should be lit right before sunset either on the evening before the anniversary of the death, or before the holiday begins. While there are no specific prayers associated with the lighting of the candle, you might want to take out a picture of the person you are remembering and share a memory of them.

You are also invited to come to recite the Mourners Kaddish prayer at Shabbat services. If you have given our temple office names and dates of your loved ones passing we will send you a card to remind you of the Shabbat their Yahrzeit falls upon. Please feel free to call the office and give them the information if you have not done so already. To say the Kaddish prayer no knowledge of Hebrew is required (it is actually in Aramaic) and members of the congregation are happy to assist you in saying Kaddish.

When should I visit the grave of my loved ones? Whenever you wish, but traditionally this time leading up to Rosh Hashanah is customary. For some there is a custom of visiting graves of loved ones during the Hebrew month of Elul, the month leading up to Rosh Hashanah, the Jewish new year.

Here are the dates and times of Yizkor services at MRT this year.

Tuesday, April 18th (for Passover)
Tuesday, May 30th (for Shavuot)

I hope you can attend our memorial service throughout the year. It is always better to be amongst community when remembering those we love.
I would like to begin by expressing my appreciation to Rabbi Marc Kline, Cantor Gabrielle Clissold, and the Ritual Committee, the Office and Custodial Staff, our Ushers and Greeters, the Choir, the Shofar Blowers and all who contributed to making this High Holy Day season such a meaningful experience. There were opportunities to pray together, study together, see old friends, make some new ones and in general celebrate the New Year and plan for self renewal. Watching the sun rise through the roof of the Sukkah was a special treat.

As I spoke of in my remarks on Rosh Hashanah, Tikkun Olam is so central to living a Jewish life and is such a key part of our Mission at MRT, I have a vision that every family should be engaged in one of our many actions at least a few times a year.

We serve dinner at The Center in Asbury Park on the 2nd Saturday of every month. We have several members who support Family Promise, which helps families with children for up to three months, with supportive services to achieve self-sufficiency. Once a month, MRT provides resources to help such families who are housed at the church next door. We regularly provide food to Lunch Break, a food bank in Red Bank that provides meals to those who cannot afford them. Our Gan Mazon, garden of plenty, grows vegetables that are contributed to local Food Banks.

I hope that you will sign up to participate in one of these endeavors and do it with members of your family. It will make a difference to someone in need and will be a demonstration to you and your loved ones of how we as Jews care for the world. If there is a Social Action project that you would like to pursue, reach out to Kerry Krachman, chair of the Social Action Committee.

Our High Holy Day Appeal is underway. Huge thank you to the 69 families that have contributed! In mid November, we will be reaching out to all members who have not yet given. The HHDA is our largest giving initiative to help close the gap between annual pledges and the cost of fully supporting our mission. Please give generously, but most importantly I ask that everyone give something.

I am pleased to relate that Alice Berman has joined our growing list of Legacy Giving Circle Charter Members. Our Life and Legacy program is well underway. For more information, check out the poster in the lobby and reach out to any member of the committee.

Interfaith Thanksgiving Service
With the Presbyterian Church at Shrewsbury
Wednesday, November 23rd at 8pm
At The Presbyterian Church at Shrewsbury

Featuring
The Joint Choirs
The Bell Choir
Upcoming events in November and early December have been planned to enrich our lives and warm us as we embrace the New Year and all it promises.

- **Tuesday, November 1st and November 15th, 1-2:30 PM  **MEMOIR WRITING
Back by popular demand, Sylvia Kramer, published author, poet, lecturer and poetry therapist will lead us in recalling, briefly writing, and comfortably sharing our personal stories. We meet in the Library in a warm, collegial atmosphere which encourages our creative memories and is always fun. The entire community is invited to attend. Members $15 Non-members $20. Please pay in advance to MRT 332 Hance Ave. Tinton Falls 07724.

- **Thursday, November 10th at 7 PM  KRISTALLNACHT COMMEMORATION**
*REGINA*, a documentary film about Regina Jonas, the world’s first female Rabbi ordained in Germany in 1935 will be shown followed by discussion with Rabbi Sally J. Priesand, America’s first female Rabbi ordained in 1972, and Rabbi Emerita at Monmouth Reform Temple. MRT is proud to promote and support this program which will take place at Brookdale Community College, Student Life Center, Navesink Room, Parking Lot #7. Admission is free.

- **Sunday, November 20th from 4-5:30 PM  THE SACRED CALLING**
Recently published, *The Sacred Calling* is a history of Four Decades of Women in the Rabbinate. This important event will be a panel discussion featuring some of the writers of the book including Rabbi Melinda Panken of Temple Shaari Emeth; Rabbi Shira Stern, Temple Rodeph Torah; Rabbi Mary Zamore, Executive Director Women’s Rabbinic Network and Rabbi Charles Kroloff, Rabbi Emeritus, Temple Emanu-El, Westfield, NJ who will provide the male response to women in the Rabbinate. Rabbi Sally J. Priesand will introduce and moderate the discussion. You won’t want to miss this illustrious gathering of groundbreaking Rabbis. Copies of *The Sacred Calling* will be available for purchase. Admission is free. Reservations are not required but we’d like to know you are coming. Please call MRT at 732-747-9365.

- **Friday and Saturday, December 2nd and 3rd  SCHOLAR-IN-RESIDENCE—RABI STEPHEN FUCHS**
Rabbi Stephen Fuchs, D. Min., DD will be our guest Scholar during the first weekend in December. Rabbi Fuchs is past president of the World Union for Progressive Judaism. Prior to that position he was Rabbi of Beth Israel in Connecticut with a membership of 1000 families. Rabbi Fuchs’ career has embodied the essence of Jewish values expressed in concrete acts of caring and kindness including leadership positions in the Interfaith Fellowship for Universal Health Care, organizing, at Beth Israel, one of the largest Yom Kippur Food Drives in the country, receiving the “Unlimited Love Humanitarian Award” from the Bethel Center Human Services organization, the only non-African American among others honored. He is past chair of CCAR Committee on Inter-Religious Affairs. Rabbi Fuchs was ordained Rabbi at HUC Cincinnati, received a Doctor of Ministry degree at Vanderbilt University Divinity School and Doctor of Divinity Degree from Hebrew Union College, New York. Rabbi Fuchs is married to Victoria. They have 3 children and 5 grandchildren. He is an avid reader, crossword puzzle solver and tennis player.

**Schedule of Events:**

*Rabbi Fuchs will address the Congregation*—First Friday, December 2nd—services at 6pm

*The Legacy of German Reform Judaism* Saturday, December 3rd 10-11:30 AM
Luncheon will be served after this session.

*To Replant and Rebuild* Saturday, December 3rd 1-2:30pm This program will conclude with Havdallah.

The program is supported by Scholar-in-Residence fund.

The entire community is invited to attend. Admission is free. Please let us know you are coming. 732-747-9365 or info@monmouthreformtemple.org.
From Stephanie Fields, Religious School Principal

As a part of the new curriculum, students are encouraged to bring what they are learning in the classroom to their families and the greater MRT Community. Students may approach you before or after any program at MRT to ask you a question relating to the prayer they are working on that particular week. There is no Hebrew knowledge or Judaic content presumed. We ask that you embody a willingness to talk with our children and strengthen the link "l'dor v'dor" from generation to generation. Your participation is greatly appreciated. All of the educators and Religious Education Committee at MRT thank you in advance for supporting our students.

SAVE THE DATE:
Wednesday, November 2 @ 4:00-7:00pm – Midweek Religious School Trip to the Jewish Heritage Museum of Monmouth County. Bus departs at 4:00pm and returns at 7:00pm.
Sunday, November 6 @ 9:30am/11:30am/12:15pm – Fall Back as Daylight Savings Ends Religious School, Mitzvah Academy Mini-Trip/Blessing of the Animals/Madrichim Meeting
NO SCHOOL ON WEDNESDAY, NOVEMBER 9
NO SCHOOL ON SUNDAY, NOVEMBER 13
Wednesday, November 16 @ 4:00pm – Midweek Religious School
Friday, November 18-Sunday, November 20 – Mitzvah Academy Trip to Split Rock Resort
Sunday, November 20 @ 9:30am/11:00am – Religious School, Bagels and Blocks, 2nd/3rd Grade Family Education, Religious Education Committee Meeting
Wednesday, November 30 @ 4:00pm – Midweek Religious School

From Kerry Krachman, Social Action Chair

Happy fall! Although the next full Mitzvah Day is a year away, many members of MRT are fulfilling Mitzvahs year round. Cheryl Gaudette welcomes volunteers to assist with cooking meals at the Center and Kay Weisenfeld seeks assistance for Family Promise. Please feel free to contact them via email at cbgaudette@gmail.com and k.weisenfeld@gmail.com.

There are many other options for community service and a list of those options will be available in the next Bulletin. We also want to learn of community service activities that MRT members are involved in so this can be included in the compilation of all the work people do to help members of our community. Please email me with the information at kerrykrachman1956@gmail.com.

Please note that we welcome volunteers to help drive MRT members to vote on November 8th who may have transportation issues. Please email Eleanor Rubin at eleanor.rubin781@gmail.com if you would like to volunteer.

In the month of December, we will holding a Diaper Drive for the Jersey Shore Dream Center and Epiphany House in Asbury Park. A pack and play will be set-up in the lobby for donations of diapers and baby wipes. Stay tuned for the next Blood Drive--date to be determined. Thank you in advance for your support.
Welcome New Members!

**Brustein, Michael & Jackie**
5 Horicon Drive  
Wayside NJ 07712  
**Michael Brustein**  
drbrustein@gmail.com  
**Jackie Brustein**  
jackiebrustein@gmail.com  
**Jonah Brustein (8)**  
**Eve Brustein (4)**  

**Cohen, Jeff & Harla**  
676 Locust Point Road  
Rumson NJ 07760  
**Jeff Cohen**  
jecohen1@icloud.com  
**Harla Cohen**  
harlalynn@gmail.com  
**Aidan Cohen (5)**  
**Hannah Cohen (5)**

**Rosen, Craig & Jennifer**
33 Bluejay Curt  
Middletown NJ 07748  
**Craig Rosen**  
rosen.craig@gmail.com  
**Jennifer Rosen**  
rosen.jenn@gmail.com  
**Mason Rosen (8)**  
**Lily Rosen (5)**  

**Tolchin, Harold & Liz**
3 Comstock Lane  
Colts Neck NJ 07722  
**Harold Tolchin**  
h tolchin@optonline.net  
**Liz Tolchin**  
ltolchin@optonline.net  
**Reese Tolchin (12)**  
**Seth Tolchin (10)**  
**Eli Tolchin (9)**

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**Membership Event**

Learn more about MRT at the Wine & Cheese Meet & Greet, sponsored by the Membership Committee!

We are inviting all members who have joined MRT in the last 2 years to come together for an informal Open House to learn more about MRT, our committees, and various ways to contribute to our community!

Come meet and network with representatives from Sisterhood, Men's Club, Religious Education, Adult Jewish Learning, Social Action and many more!

RSVP required to th MRT Office, 732-747-9365, Helene@monmouthreformtemple.org

When: Nov 17th @ 7:15-9:00 p.m.
Where: MRT Social Hall
This month’s meeting was full of excitement, particularly for all the great things our temple members, clergy, and professionals accomplished this month. Of course, the HIGHLIGHTS centered around the High Holy Days. Multiple board members expressed great appreciation for the excellent work of our clergy and volunteers to make these Days engaging for all – both for those physically at the services and those around the world viewing the services on our fabulous Live Streaming! Also called out were the greeters and ushers, those organizing and running the Yom Kippur afternoon study sessions, the Men’s Club building of the Sukkah, and then Sukkot Sunrise Service the next day. Simchot Torah activities included the Consecration of 20 new Religious School students AND the fascination of watching a Sofer complete the repair of one of our Torahs. But not just watching – the Sofer guided the careful (VERY careful) writing of actual letters into the Torah by students and adults alike!

And there’s more! SMARTY (our Senior Youth Group) members participated in “Cardboard Box City”, a Family Promise fund-raising initiative where teens build and sleep in cardboard huts to simulate (to some extent) homeless conditions. Alex Austin completed his Eagle Scout project – he planned, fund-raised, then organized an army of volunteers to build and install a large number of benches in our Meditation Garden – this will make it so convenient to hold outdoor services once warm weather returns to Monmouth County. Finally, the Board approved the applications for another 12 households to join our MRT family, a testament to MRT congregants’ welcoming nature. Information about these members can be found elsewhere in this Bulletin.

Two more committees reported on their goals for the year. Kerry Krachman, Chair of our Social Action Committee, announced that her committee’s goals are to identify new opportunities to augment existing projects, to integrate our Religious School students and parents into ongoing projects throughout the year, and to increase awareness amongst our congregants of MRT’s Social Action projects. For example, the committee is considering having a Social Action table at one or two Shabbat Onegs per month.

Linda Burns, Chair of MRT’s Membership Committee, announced that her committee’s goals are to hold six events targeted towards attracting new members, to make even more successful the new member advisor (aka Buddy) program, and to better coordinate membership events with Religious School. Of course, we can’t forget that this committee has coordinated the joining of 20 new member families in the past two months!

MRT President Zach Gilstein announced that progress has been made towards this year’s High Holy Day Appeal goals. As of the meeting date, $15,000 – approximately 40% of our target - has been gifted from 49 donors, including most Board members! Take a look at the color thermometer in the lobby for more details and contribute via MRT’s website. Zach also reported that we now have 13 charter members of the Life and Legacy Program; he feels that we are on target to meet our goal of 18 by this March! Finally, Zach is organizing having Board member presence in the lobby on Sunday mornings to help welcome you, answer your questions, and in general to help facilitate people getting to know one another better.

I hope that these monthly summaries convey the great efforts of MRT Board members and all the volunteers to make our community more meaningful for all.
Monmouth Reform Temple
332 Hance Avenue
Tinton Falls, NJ 07724
732-747-9365 info@monmouthreformtemple.org

Scholar-in Residence
Rabbi Stephen Fuchs. D. Min., D.D.
Friday, December 2nd
Saturday, December 3rd

Schedule of Events
Friday, December 2nd at 6pm
Rabbi Fuchs will speak at Shabbat Services

Saturday, December 3rd
Morning Session: 10-11:30am
The Legacy of German Reform Judaism
Followed by Lunch

Afternoon Session: 1-2:30pm
To Replant and Rebuild
Followed by Havdallah

Rabbi Fuchs is past president of the World Union for Progressive Judaism. Prior to that position he was Rabbi of Beth Israel in Connecticut with a membership of 1000 families. Rabbi Fuchs’ career has embodied the essence of Jewish values expressed in concrete acts of caring and kindness including leadership positions in the Interfaith Fellowship for Universal Health Care, organizing, at Beth Israel, one of the largest Yom Kippur Food Drives in the country, receiving the “Unlimited Love Humanitarian Award” from the Bethel Center Human Services organization, the only non-African American among others honored. He is past chair of NCAR Committee on Inter-Religious Affairs. Rabbi Fuchs was ordained Rabbi at HUC Cincinnati, received Doctor of Ministry degree at Vanderbilt University Divinity School and Doctor of Divinity Degree from Hebrew Union College, New York. Rabbi Fuchs is married to Victoria. They have 3 children and 5 grandchildren. He is an avid reader, crossword puzzle solver and tennis player.

This event is open to the entire community. There is no charge

This event is supported by the MRT Scholar-in Residence Fund
RSVP to the MRT Office
helene@monmouthreformtemple.org
732-747-9365
Arts and Deco recently started updating the MRT Library. We would like to welcome all MRT Congregants to visit and enjoy the Library by reading a book, having a cup of coffee with a friend, or hosting an intimate meeting. Linda Murray, library committee chair, has already cleaned out and reorganized the existing shelves filled with books. The walls have been repainted with an accent wall of lavender to inspire creativity. Blinds have been installed to block out light if a video is viewed on the flat panel TV.

We have received extremely generous donations from MRT Congregants to allow us to purchase NEW FURNITURE for the Library. An anonymous donation was made in memory of Jerry Baker. The Whyman Family made a donation in memory of Frank Whyman. We are in the process of ordering new desks, desk chairs, lounge seating, coffee tables, and a credenza.

On behalf of Arts and Deco I would like to thank the committee for their insight and creativity. Margie Wold, Ernie Guenzberger, Judy Raybon, Jay Feigus, Gail Tobias, Brook Coppola, Rita Sperling, Stu Tuchband.

First Friday January 6th 2017 with Rabbi Priesand: Be sure to mark your calendar! Hidden in Plain Sight and Pot Luck Heritage Night

IN HONOR OF SUSAN WHYMAN
The Whyman Family graciously donated much of the new furniture for the MRT Library in memory of Frank Whyman

MRT TREASURES: HIDDEN IN PLAIN SIGHT
Arts and Deco will be hosting a trivia night to learn about Art and Judaica within the MRT walls. Have you ever noticed two menorahs in the Sanctuary and do you know why they differ? Rabbi Priesand will enlighten us and answer trivia questions about the history of our MRT culture.

We will also have a pot luck dinner; look for details as we get closer to the date.

If you would like to help organize the event please contact Kari Hershey at karihershey@gmail.com or call 917-539-8522.

Thank you!
Kari Hershey

Blessing the Animals
Sunday, November 7th at 11:30am
All Animals or a picture
Are welcome at our ceremony!
We are really excited about our Arts & Deco-sponsored #Hiddeninplainsight event on January 6th
Here’s a question to get you going…can you answer this one?

MRT TREASURES:
HIDDEN IN PLAIN SIGHT
First Friday, January 6, 2017
Service at 6:00 - Dinner & Program at 7:00
This item can be found in the lobby display case.
Do you know what it is?

If so, send an email to rabbisally1@optonline.net.
Those submitting the correct answer will be eligible to receive a special prize at our Shabbat service on January 6.
WAYS AND MEANS COMMITTEE IS HOSTING A
HOLIDAY VENDOR/CRAFT FAIR
SUNDAY, DECEMBER 4th
9:00 AM - 3:00 PM

HOW CAN YOU HELP - LET ME COUNT THE WAYS!
If you know of vendors who might be interested in selling at the event, please ask them to contact me at the
number or email below.

If you know of anyone who might want to promote their business at this event and our fashion show in the
spring: For $200 they can have their business highlighted on a video monitor at the vendor fair and in a
printed program at the fashion show. Contact me for more info.

If you can help put up posters in your community or have any other way to help us promote the fair, please
pick up posters in the office. If you can help the day of the event--we need volunteers.

We will also be selling art, wall hangings, mirrors, etc in the room behind the Social Hall, which will also
serve as the cafe. If you have items you would like to donate, call or email me.

Our Men's Club will staff the breakfast concession and Sisterhood will staff lunch. We are asking members
to bring in a crockpot of soup or chili that we will sell by bowl. If you able to do so, please contact Karen
Kahn at kkhan1@verizon.net

Attend the event and support our vendors!!

Thank you!
Lynn Shapiro
lsshapiro2@gmail.com 732-673-1796
HOLIDAY VENDOR/CRAFT FAIR
SUNDAY, DECEMBER 4th
9:00 AM - 3:00 PM
Monmouth Reform Temple
332 Hance Avenue Tinton Falls, NJ 07724

Crafts
Jewelry Art
Great gifts for the Holidays
Fabulous Food Concession
Gift Wrapping Available
Free Admission

Vendors: Contact lsshapiro2@gmail.com
During the past two weeks, all but two planting rows have been cleared from the garden leaving a row of leeks and winter squash. Gan Mazon has done quite well this season, with surprising yields from a few rows and disappointing results from others. Gan Mazon surpassed 1,316 lbs. for the season, with the winter squash not yet harvested. Planning for the 2017 season is underway. A truck load of leaf compost is expected the week of November 1. An email will be sent out asking for volunteers to help spread the compost throughout the garden. Frankly, we cannot imagine how our four regular garden volunteers will be able to cart the compost from the driveway onto the planting beds and spread the material without temple members pitching in to help. Ten volunteers could probably complete the task in a few hours. The next step will be to incorporate the compost with the top six inches of soil using a rototiller.

An appreciation and understanding of (high school) chemistry is as much a tool as the gardener’s pruner, trowel and cultivator. Sometime in January, samples will be sent to the Rutgers Soil Laboratory, for a basic analysis to determine the pH, and, what, if any, nutrients must be added to insure proper plant growth. The acidity or alkalinity of a substance is measured in pH units, a scale running from 0 to 14. Home gardeners should obtain lab reports for their gardens as well. This basic $20 lab test is usually sufficient, unless the gardener is aware of unusual circumstances requiring additional lab work. All plants require specific nutrients in their proper proportions as well as their acceptable pH range for successful yields.

The next step is to select vegetables for the 2017 season. Master Gardeners Gloria Gross and Sue Malmi will study several seed catalogs to look for varieties that are tasty and specifically developed to be disease and insect resistant. Luckily for Gan Mazon, Gloria raises our plants from seed, not only saving us money, but guaranteeing the quality of our harvests. Gloria introduced new vegetables to Gan Mazon for 2016, and we hope to add more next season.

This fall, Rutgers University conducted a seminar for master gardeners from throughout the state to teach vegetable gardening to home gardeners and to those interested in community gardening. Excellent teaching materials were provided in the expectation that master gardeners would conduct workshops in their home towns. We are seriously thinking of offering a class or series of classes on home vegetable gardening as part of the temple’s adult education offerings. Gloria and Sue will be among the presenters. Classes will be tailored to the novice gardener up to the advanced level. Right now we need to know if there is interest for such a program and the level of instruction most preferred. Please send David an email (davidlevinsky@optonline.net) if you are interested in exploring the idea of attending a class or series of classes, the specific areas of vegetable gardening you would like covered, and your level of knowledge and experience. Include the best day and time for you to attend. A few sentences would be sufficient.

Sincerely,
David & Christine
Master Gardener ‘10

Lobby Tzedakah Box
November 2016
PHOENIX SOCCER PROGRAM
Co-sponsored by the Shell family

Hosted by The Aberdeen Matawan Soccer Club, this is a special needs program from children between 5 and 16 years old. Through the implementation of the Buddy system the volunteer soccer buddies offer support and guidance in a positive and fun atmosphere.
Monmouth Reform Temple
332 Hance Avenue
Tinton Falls, NJ 07724
732-747-9365
www.monmouthreformtemple.org

Adult Learning Presents—Back by Popular Demand

**Memoir Writing with Sylvia Kramer**

Tuesday, November 1st and 15th
1pm-2:30pm
in the MRT Library

Sylvia Kramer is a published author, poet, lecturer and poetry therapist. For over 40 years she has conducted workshops and given lectures at colleges and high schools and has been a frequent guest lecturer at Poetry Therapy Association in New York.

Last year, she conducted two Memoir Writing sessions at MRT which were greatly enjoyed by those who participated and we are pleased she is returning for another two sessions of personal introspection and creative thinking. Memoir writing is a gift to your family. It’s fun for you and a beautiful legacy for your children and grandchildren.

This event is open to the community.
Members $15 Non-members $20
Payment requested in advance to MRT.
732-747-9365 or info@monmouthreformtemple.org
We Need to Talk About Israel

There are the conflicts, the wars, the intifadas, the internal disputes, the politics, the religious quarrels, a theocracy or a democracy. Despite the negatives, Israel cannot be defined solely by its myriad problems just as we in America cannot be defined solely by the Revolutionary War, the War of 1812, the Civil War, WW I, WW II, Korea, Vietnam, Iraq, and Afghanistan.

There are so many positive, life-enhancing contributions that Israel has brought to the world through scientific research and in the name of Tikkun Olam. Some of the results of creativity and need developed by scientists, engineers, and other Israeli experts are changing lives around the world. For now, let’s talk about water.

Israel, a tiny country on the shores of the Mediterranean Sea is mostly desert. In the south there is the Dead Sea. In the 68 years of the country’s existence it has had to provide food, water and shelter for the now 8,000,000 inhabitants. How to grow food in the desert? How to find water in the desert?

A method called “drip irrigation” was developed to assist farmers, mostly in the Negev, so they could grow vegetables and flowers. “Drip irrigation” promotes nourishment of plants in the ground without the wasteful evaporation caused by sprinklers and hoses. This process is now used world wide, thanks to Israeli engineering. Some years ago, when a virus destroyed the tulip crops in the Netherlands, Israel supplied that country with tulip bulbs.

Water supply is needed for the population in other parts of the country and the process of desalination has been developed. This is a method whereby sea water is filtered in such a way that the damaging salt is removed and the remaining water is both good for irrigation and is potable for drinking. The process is gaining use, not only in Israel but around the world where inhabitants of islands surrounded by their oceans yearn for fresh water.

Most recent development is the use of the sun’s rays to clean impure water. We have seen photos of families bathing and gathering water in putrid streams for home use causing untold illness. A recent news report describes the Jerusalem based SunDwater system which harnesses heat through solar power whose end result is purification of bad water.

The system works by pumping contaminated water through a pipe into the top of a parabolic dish which follows the sun throughout the day. The rays that hit the dish are reflected back to a water boiler heating the contaminated water, which then evaporates, leaving pollutants behind. The vapor is then condensed back into clean water. This process is still in its development stages but is being tested in several small towns in Israel. In addition to countries like India, Bangladesh, and Vietnam which suffer from scarcity, interest has been expressed by leaders in California and New Mexico.

There’s yet another water story. This has to do with the Dead Sea known to be the lowest point on earth at 1500 feet below sea level. Its origins date back 15 million years according to geologists. It is called Dead because it is hyper saline so that no living creatures can exist within the waters. In recent years the Dead Sea has been shrinking due to the fact that its former water source, the Jordan River, has been diverted and virtually no new source fills it. For many years, in addition to being a great tourist attraction where folks can float on the water without the ability to swim because of the great saline concentration, other minerals such as potash and asphalt have been mined via a joint operation between Israel and Jordan.

The health benefits and therapeutic and cosmetic treatments have brought people from around the world who seek treatment for a variety of ailments including psoriasis, rhino sinusitis and osteoarthritis using mud packs dredged from the sea to relieve the pain.

Though the Dead Sea is shrinking and may, some day, disappear entirely, today it is being utilized for its unique attributes that benefit those who come for their health and others for recreation and for experiencing this most unusual place on earth. Only in Israel.
SISTERHOOD, Karen Kahn, President

The high holidays have come and gone, and now Thanksgiving is around the corner! Soon we will be taking out our winter coats and snow boots!

A great shout out to Cheryl and Kay for organizing the wonderful Sisterhood in the Sukkah dinner! 40 women laughed and shmoosed and had a grand old time!

We are looking for volunteers to help lunch sales for the vendor fair on December 4th. For all the great chefs out there, please donate a pot of soup or chili or etc. that Sisterhood can sell at the event. Also, we need volunteers to help with the temple's annual Chanukah party on December 23rd. Please RSVP to Sisterhood if you can spare some time to help out with these and other events: sisterhood@monmouthreformtemple.org. Anne Goodman is chairing this event, and there will be a planning meeting on November 3rd at 7pm, if anyone wants to help out.

Along with the Chanukah, party, we are hoping that all attendees will bring a pack of diapers to donate... More information on this to follow....

SAVE THE DATE: November 30th, 7pm - Out and about with the Sistahs... location TBD!!

Have a great November and a very happy thanksgiving!

Best wishes, Karen Kahn, Sisterhood President

SIN, GUILT, SHAME, and EMOTIONAL HEALING
A Three Session Discussion Series Starting Yom Kippur Afternoon
Session 3: Emotional Healing—Sunday, November 13th from 7-8pm
Discussion series led by Elliott Familiant (efamiliant@gmail.com)

Both Jewish tradition and psychological research point to the importance of forgiveness and repentance in the healing process. In this last session we will explore repentance and forgiveness as tools for promoting emotional healing. We will look at the kinds of responses you can have when someone does something to you and you don’t forgive them. What happens to you when you live with lingering feelings for a long time. How does forgiveness (even if the perpetrator does not apologize and does not repent) help you to make your life better. We will look at effective and ineffective ways to forgive. We will then look at the flip side and look at apologies and repentance. There are effective apologies and ineffective apologies. Knowing the difference can mean the difference between a good outcome and one that is not. We will look at examples of each and look at the five components that are present in effective apologies. Finally, we will consider forgiveness and repentance in the context of spiritual and personal development.

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<th>MRT 2016-2017 Executive Board</th>
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<td>President, Zach Gilstein</td>
<td>Linda Burns, Membership</td>
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<td>Exec VP, Jay Feigus</td>
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<td>Treasurer, Stu Tuchband</td>
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<td>Financial Secretary, Bob St. Lifter</td>
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<td>Mark Gruensfelder, Rec. Sec’y</td>
<td>Lynn Shapiro, Ways &amp; Means</td>
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<td>Imm. Past Pres., Jay Wiesenfeld</td>
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<th>MRT 2016-2017 Auxiliaries</th>
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<td>Karen Kahn Sisterhood Pres.</td>
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Monmouth Reform Temple: 2016-2017 Save the Dates
For the most up-to-date information: www.monmouthreformtemple.org/calendar

Ritual

First Friday a family service (first Friday of most months)
Seeds of Spirituality (TM) a visual service (9/23/16, 11/18/16, 4/28/16, 5/19/16)
Interfaith Thanksgiving Service Wednesday, 11/23 8pm at The Presbyterian Church at Shrewsbury
MLK Shabbat at MRT Friday, 1/13 7pm
Community Seder Tuesday, 4/11 6pm
Confirmation Sunday, 6/4 10am
Beach Service Friday, 6/23 7pm
MRT Choir participates in High Holy Day services and Shabbat throughout the year

Adult Ed

Tuesday Morning Study Group
Tuesday mornings (weekly) beginning 9/6/16 9:45am-11am in the MRT Library
92Y in the afternoon (with your own brown bag lunch)
Wednesdays 9/14/16, 10/26/16, 12/24/16, 1/11/17, 2/8/17 12pm
Sin, Guilt, Shame, and Emotional Healing:
A Three Session Discussion Series-Starting Yom Kippur Afternoon 10/12 at 3pm
Next two sessions: Sunday afternoons 10/30, 11/13 4-5:30pm
The Joy of Memoir Writing (with Sylvia Kramer, poet)
Tuesdays, 11/1 and 11/15 1-2:30pm
Introduction to Judaism
Wednesday evenings beginning 11/2/16-12/21/16 (no class 11/23) 7-8:30pm
The Sacred Calling Panel Event
Sunday, 11/20 4-5:30pm
Scholar-In-Residence: Rabbi Stephen Fuchs
Friday, 12/2 and Saturday, 12/3
Art Historian: Maurice Mahler
Sunday, 1/22 2-3:30pm
Shabbat Kallah: Rabbi Norman Patz
Saturday, 4/15 Times TBA
Rabbi Prinz & The Chocolate Trail
Sunday, 5/7 2-3:30pm

Ways & Means

Vendor Showcase Sunday 12/4/16
Kids Fashion Show Saturday 4/1/17

Sisterhood & Men’s Club

Sisterhood/Men’s Club Chanukah Party & Service, Friday, 12/23 at 6pm
Tennis Social Saturday, 2/25/17
He-Brew Fest Saturday, 2/4/17
Adult Purim Party Saturday, 3/11/17
Women’s Seder Sunday, 4/2/17 at 6pm
Sisterhood Book Club and Sisterhood Out & About various dates throughout the year
Men’s Club Poker 2nd Thursday of each month

For Young Families

Bagels & Blocks (for the pre-school set) Sunday mornings
9/18/16, 10/23/16, 11/20/16, 12/18/16, 1/22/17, 2/12/17, 3/12/17, 4/30/17, 5/21/17 9:30-11:30am
Names to be Read on Friday, November 18th (Services at 7pm)

* Indicates that a Memorial Plaque is hanging in the MRT sanctuary ensuring that their yahrtzeit will be observed in perpetuity. Plaques can be purchased by contacting the MRT office. They are hung on the side walls of the sanctuary. Space is available on both walls. Cost per plaque is $400.

At MRT, loved ones are memorialized with Kaddish at the Shabbat service on or following their Yahrtzeit. If you would like someone’s name read on a different Shabbat please contact the office or see the Rabbi just prior to services.

November Yahrtzeits (read date based on when they occur)

Names to be Read on Friday, November 11th (Services at 7pm)

Names to be Read on Friday, November 25th (Services at 7pm)

Names to be Read on Friday, November 4th (Services at 6pm)

Have you purchased a Brick on our Walkway yet?

In HONOR of:
Graduations, Weddings, Anniversaries Confirmation, Bar/Bat Mitzvahs, Special Birthdays, etc.

In MEMORY OF:
Those you love. Or other wording you desire.

Then you and others will enjoy seeing them while walking the path when at Temple.
Purchases by individuals or groups are welcome $100/brick, 5 bricks for $400.

ORDER FORM
Name: _____________________________________ Phone: ___________________
Email: ________________________________

Address: __________________________________ City: __________________________ State: ______
Zip: ______________

Inscription of your choice: Maximum of 3 lines, 18 characters/line incl. spaces: (Please print – use capitals or lower case as you wish inscribed)

Return form with payment to the MRT, 332 Hance Ave., Tinton Falls, NJ 07724
Or contact the office at 732-747-9365
### The Congregation Acknowledges with Thanks the Following Contributions:

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## November 2016

For the most up-to-date info
www.monmouthreformtemple.org/calendar

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<td>9:30am Rel School 11:30am Blessing the Animals 12:15pm Madrichim meeting</td>
<td>1pm Office Closing 7:30pm Men’s Club Board</td>
<td>9:45am Study Group 2pm Memoir Writing 7pm MRP Task Force</td>
<td>4pm Rel School 5pm Hazamir Rehearsal 7pm Intro to Judaism 7pm SMaRTY</td>
<td>7pm Planning Meeting: Chanukah Party 7:45pm Choir</td>
<td>3:45pm Shabbat @ Chelsea 5:30pm 4/5 Preneg 6pm First Friday Shabbat Services With Pot Luck</td>
<td>9am Shabbat Service 9:30am Torah Talks Study Session</td>
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<tbody>
<tr>
<td>NO REL SCHOOL 7pm Sin, Guilt, Shame &amp; Emotions discussion group</td>
<td>1pm Office Closing 7:15pm Sis Book Club offsite</td>
<td>9:45am Study Group 2pm Memoir Writing 7pm Board Meeting</td>
<td>4pm Rel School 5pm Hazamir Rehearsal 7pm Intro to Judaism 7pm SMaRTY</td>
<td>7:15pm Membership Wine &amp; Cheese Event 7:45pm Choir</td>
<td>1pm Office Closing 7pm Shabbat Services—Seeds of Spirituality ™ Fairytales</td>
<td>9am Shabbat Service 9:30am Torah Talks Study Session</td>
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<tbody>
<tr>
<td>9:30am Rel School 9:30am 2/3 Fam Ed 9:30am Bagels &amp; Blocks 11am Rel Ed 12:15 Teacher 4pm Sacred Calling Event and Panel</td>
<td>1pm Office Closing</td>
<td>9:45am Study Group</td>
<td>NO Religious School 5pm Hazamir Rehearsal 8pm Interfaith Thanksgiving at Presbyterian Church</td>
<td>Office Closed Thanksgiving</td>
<td>Office Closed 2:15pm Shabbat @ Brighton 7pm Shabbat Services</td>
<td>9am Shabbat Service 9:30am Torah Talks Study Session</td>
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<tbody>
<tr>
<td>NO Religious School</td>
<td>1pm Office Closing</td>
<td>9:45am Study Group 7pm Planning Meeting: Health Initiative</td>
<td>4pm Rel School 5pm Hazamir 7pm Intro to Judaism 7pm Sis Out &amp; About 7pm SMaRTY</td>
<td></td>
<td>1pm Office Closing 3:45pm Shabbat @ Chelsea 7pm Shabbat Services-First Friday</td>
<td>9am Shabbat Service 9:30am Torah Talks Study Session</td>
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<tr>
<td>9am-3pm Vendor Fair 9:30am Rel School 12:15 Madrichim Meeting</td>
<td>Office Closed Thanksgiving</td>
</tr>
</tbody>
</table>

10am—3pm SCHOLAR: Rabbi Stephen Fuchs at Shabbat Services 6pm Shabbat Services-First Friday

SCHOLAR: Rabbi Stephen Fuchs
MRT STAFF

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Anywhere

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