Yom Kippur Activities

Mitzvah Wheel (courtesy of URJ)



Materials

Paper plates
Scissors
Markers or crayons
Pieces of thin cardboard cut into arrows for pointers
Brass paper fasteners

Directions:

Ask children to think about the year that has just ended. Were there things they wish they had done differently? Ask them about nice or thoughtful things they can plan to do next year.

Ask children to think of the people to whom they would like to show kindness. Then, have them divide the back of a paper plate into pie-shaped "slices." Designate one slice for each of these people and label each slice with the person's name. Have them draw a picture inside each slice and use crayons or markers to decorate the rest of the plate.

Help each child attach the arrow shaped cardboard pointer to the center of the plate using a brass paper fastener.

Have the children spin the arrow and decide something nice to do for the person chosen by the pointer.

Use the Mitzvah Wheel each day during the Ten Days of Awe. Keep track of the Mitzvot each child does. Display the list in a place where it will be seen all year to remind children to perform these sacred deeds throughout the year.

Apple or Potato Prints (courtesy of URJ Website)





Materials

Apple or potato
Fork
Red paint
Construction Paper

Directions

Cut the apple in half length-wise.

You can put a fork in the apple to make it easier to use as a stamp.

Dip the apple in red paint and then stamp it all over your construction paper.

Helpful hints

If you cut the apple across in half, separating the top from the bottom, you will print a star pattern.

For greater durability, substitute a potato. Cut potato in half, use a cookie cutter or knife to shape, and print on different types of surfaces to create holiday greeting cards, decorative tee shirts, and unique wrapping paper.